

Patient/Carer.....

Date

Discharging nurse.....

Date.....

All discharge information and wound care advice given to patient/relative.

Notes for patient/relatives/carers

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Patient Specific Advice Following MOHS Surgery

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

**** Only those ticked are applicable to you****

- Your wound may become tender when you return home. If you are in pain you may take your normal painkillers as directed on the packaging. **Do not exceed the stated dose.**
- Ensure you keep the wound/s clean and dry.
- **Do not remove your dressings** until you return to the dressing clinic, unless you have been instructed to do so.
- Your wound may bleed following surgery. This can be quite normal as the blood supply returns to normal after an anaesthetic. If bleeding does occur, press firmly on the area with the gauze supplied, for at least ten minutes. If bleeding continues to occur, contact the hospital using the numbers given to you.
- If the Doctor has prescribed you any medications, please take as instructed and directed on the label.
- Do not participate in sports or any activity that causes exertion for at least days after surgery.
- Avoid putting clothing over your head. It is best to wear blouses/shirts and cardigans, to avoid injury to your wound.

- After surgery on your face and especially near your eyes, sit up as much as possible as this will help to reduce any swelling.
- After surgery to your arm, elevate it whenever possible. Resting your arm on a pillow will help until your next appointment.
- After an anaesthetic to make your arm/hand/finger(s) numb, be sure to check that they have normal feeling, colour and temperature after 3-4 hours. If it does not appear normal to you, do not hesitate to contact the hospital immediately.
- Your skin may appear white around the area that you have been operated on. This is due to the local anaesthetic and should return to normal in approximately 2-4 hours.

If you are expecting an Outpatient Appointment, but do not receive one, please contact your Consultant's secretary

If you are at all worried or feel in any way that your general condition has deteriorated, do not hesitate to contact the hospital:

**Monday – Friday
8.00am – 5.00pm**

**Holbrook unit
0151 430 2201**

After 5pm or over the weekend, contact Ward 3A (0151 430 1520).