

# Outpatient Medical Management of Miscarriage

**If you need this leaflet in a different language or accessible format  
please speak to a member of staff who can arrange it for you.**

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،  
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,  
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,  
vă rog să discutați cu un membru al personalului să se ocupe  
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق  
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

**Buchanan Suite: 0151 290 4356**

**3E Gynaecology Ward: 0151 430 1522**

## **Medical Management of Miscarriage**

Following your scan you have opted for medical management. This means taking medication to help you pass the sac of pregnancy.

### **What to expect**

You will be given a date and time to attend Ward 3E, the Gynaecology Ward. On admission you will be seen by a nurse who will confirm the plan of treatment with you. Your blood pressure, temperature and pulse will be taken and sometimes a blood test may be necessary.

You will be given Mifepristone 200mg which is given orally.

You will be observed for 15 minutes on the ward to make sure you do not have a reaction to the medication you have been given.

You will then be allowed home and instructed to return to the ward in 48 hours. On returning, you will be given Misoprostol 800 micrograms which is given vaginally. Pain relief and medication to stop you feeling sick will be offered.

Before you go home, you will be advised what pain relief to take and contact telephone numbers will be given to you.

We expect you to bleed heavily and pass clots within 48 hours of taking the medication. You will also experience strong period type pain.

If at any time you are not coping with the bleeding or pain, please contact Ward 3E on 0151 430 1522 or go to A&E.

If you have not bled within 48 hours, please contact Ward 3E, you may need more medication.

Following a heavy bleed, please do a pregnancy test 3 weeks later. We expect this test to be negative. If this test is still showing a positive result, please contact the **Buchanan Suite** on **0151 290 4356** or **0151 430 1737**.

**If you start to feel flu like or your loss starts to smell offensive, this could be a sign of infection, please contact Ward 3E for advice.**

**The following leaflets are available from the miscarriage association:**

- Management of a Miscarriage
- Pregnancy Loss: How You Might Feel
- We Are Sorry That You Have Had A Miscarriage
- Men and Miscarriage

[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)



**Mersey and West Lancashire  
Teaching Hospitals**  
NHS Trust

Whiston Hospital  
Warrington Road,  
Prescot, Merseyside, L35 5DR  
Telephone: 0151 426 1600

St Helens Hospital  
Marshall Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633

[www.MerseyWestLancs.nhs.uk](http://www.MerseyWestLancs.nhs.uk)