

# Inpatient Medical Management of Miscarriage

If you need this leaflet in a different language or accessible format  
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،  
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,  
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,  
vă rog să discutați cu un membru al personalului să se ocupe  
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق  
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

## **Missed Miscarriage**

Miscarriage can have a considerable emotional impact. It is common for both partners to feel a combination of grief, distress, loss, shock, guilt, anger and depression. Many feel very isolated and alone. You may find that talking about your feelings will help you come to terms with your loss. If possible try and talk with a close friend, family member, counsellor or your GP.

Following your scan you have opted for medical management. This means taking medication to help you pass the sac of pregnancy.

## **What to expect**

You will be given a date and time to attend Ward 3E, the Gynaecology Ward.

On admission you will be seen by a nurse who will confirm the plan of treatment with you. Your blood pressure, temperature and pulse will be taken and sometimes a blood test may be necessary.

You will be given Mifepristone 200mg which is given orally.

You will be observed for 15 minutes on the ward to make sure you do not have a reaction to the medication you have been given.

You will then be allowed home and instructed to return to the ward in 48 hours.

You will be given a date and time to return to Ward 3E, the Gynaecology Ward.

On admission you will be seen by a nurse and a doctor. You will need to have a blood test. You will also have an opportunity to ask any further questions regarding your treatment.

You will be given Misoprostol 800mcg which will be given vaginally.

Approximately 3 hours later, if you have not bled, you will be given a second dose of Misoprostol 400mcg orally.

Approximately 3 hours after you have taken this second dose you will be seen and examined by a doctor who may allow you home.

During your stay you may experience heavy bleeding, pass clots and have period type pain. If you have any concerns about the amount of bleeding or require pain relief, please inform a member of staff immediately. If you have not passed clots or tissue it may still be possible for you to go home.

You need to be aware that you may experience heavy bleeding and pass clots during the following week. You will also experience severe cramp type pains.

**If at any time you are not coping with the bleeding or pain contact the Gynaecology Ward 3E on 0151 430 1522 for advice or go to A&E**

If you have not bled one week after your medication, please contact the **Buchanan Suite** on **0151 290 4356** or **0151 430 1737** who will advise you what to do next.

If you start to feel flu like or your loss starts to smell offensive, this could be a sign of infection. Please contact the **Buchanan Suite** on **0151 290 4356** or **0151 430 1737** or the **Gynaecology Ward 3E** on **0151 430 1522** for advice.

Following a heavy bleed, please do a pregnancy test 3 weeks later. If you have had a miscarriage we expect this test to be negative. If this test is still showing a positive result please contact the **Buchanan Suite** on **0151 290 4356** or **0151 430 1737**.

**The following leaflets are available from the miscarriage association:**

- Management of a miscarriage
- Pregnancy loss: How you might feel
- We are sorry that you have had a miscarriage
- Men and miscarriage.

**[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)**



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NHS Trust

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Warrington Road,  
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