

Inpatient Medical Management of Miscarriage

This leaflet can be made available in alternative languages / formats on request.

如有需要,本传单可提供其他语言/版式 此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona w innych językach/formatach.

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Buchanan Suite: 0151 290 4356 / 0151 430 1737

Missed Miscarriage

Miscarriage can be a very frightening, unhappy and lonely experience. The staff in the Buchanan Suite are here to support you at this difficult time.

Following your scan you have opted for medical management. This means taking medication to help you pass the sac of pregnancy.

What to expect

You will be given a date and time to attend Ward 3E, the Gynaecology Ward.

On admission you will be seen by a nurse who will confirm the plan of treatment with you. Your blood pressure, temperature and pulse will be taken and sometimes a blood test may be necessary.

You will be given Mifepristone 200mg which is given orally.

You will be observed for 15 minutes on the ward to make sure you do not have a reaction to the medication you have been given.

You will then be allowed home and instructed to return to the ward in 48 hours.

You will be given a date and time to return to Ward 3E, the Gynaecology Ward.

On admission you will be seen by a nurse and a doctor. You will need to have a blood test. You will also have an opportunity to ask any further questions regarding your treatment.

You will be given Misoprostol 800mcg which will be given vaginally.

Approximately 3 hours later, if you have not bled, you will be given a second dose of Misoprostol 400mcg orally.

Approximately 3 hours after you have taken this second dose you will be seen and examined by a doctor who may allow you home.

During your stay you may experience heavy bleeding, pass clots and have period type pain. If you have any concerns about the amount of bleeding or require pain relief please inform a member of staff immediately. If you have not passed clots or tissue it may still be possible for you to go home.

You need to be aware that you may experience heavy bleeding and pass clots during the following week. You will also experience severe cramp type pains.

If at any time you are not coping with the bleeding or pain contact the Gynaecology Ward 3E on 0151 430 1522 for advice or go to A & E

If you have not bled one week after your medication, please contact the **Buchanan Suite** on **0151 290 4356 or 0151 430 1737** who will advise you what to do next.

If you start to feel flu like or your loss starts to smell offensive, this could be a sign of infection. Please contact the **Buchanan Suite** on **0151 290 4356 or 0151 430 1737** or the **Gynaecology Ward 3E** on **0151 430 1522** for advice.

Following a heavy bleed, please do a pregnancy test 3 weeks later. If you have had a miscarriage we expect this test to be negative. If this test is still showing a positive result please contact the **Buchanan Suite** on **0151 290 4356 or 0151 430 1737.**

The following leaflets are available from the miscarriage association:

- Management of a Miscarriage
- Pregnancy Loss: How You Might Feel
- We Are Sorry That You Have Had A Miscarriage
- Men and Miscarriage

www.miscarriageassociation.org.uk



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www.sthk.nhs.uk