

## Day Surgery

### Sanderson Suite

**01744 646089**

**01744 646098**

### Sigmoidoscopy

**Patient Information Leaflet**

This leaflet can be made available in alternative languages/formats on request

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Produced by Sanderson Suite

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**Marshall's Cross Road**  
**St Helens WA9 3DA**

This leaflet contains important information about your condition on discharge. Please read it carefully and discuss it with your nurse, nurse clinician, or consultant.

If there is anything you are unsure about or do not understand, please see any member of the ward staff who will be happy to help. We do not want you to go home confused about any aspect of your care.

## Your nurse is.....

**Phone: 01744 646089 or 01744 646098**

You will need an outpatient appointment which will be made for you.

You may need further tests which will be discussed before discharge

You will **NOT** need an outpatient appointment

You will need an enema (a small amount of fluid into your back passage) before theatre to empty your bowel of waste material. This will be given on the ward by your named nurse. This will enable the surgeon to have a clear view of the bowel.

You may be given a prescription for laxative medication after any of the following procedures. This is a medicine which makes the bowel motions soft, and helps going to the toilet easier.

## Your post-operative care

**Sigmoidoscopy** Inspection of the bowel through the back passage using a flexible tube.

- There may be some bleeding from your back passage after this procedure. **This is normal.**

**Injection of Haemorrhoids** (Piles) An oily liquid which is injected into the piles and will shrink them.

- You may have an oily discharge from your back passage after this procedure.

**Banding of haemorrhoids** (Piles) A rubber band is based around the base of the pile, which cuts the blood supply off, and the pile drops off.

- You may have some aching for 2-3 days and some bleeding as well after this procedure, **which is normal.**
- There may be further bleeding 8-10 days time **which is also normal.**

**Anal Dilation** (Stretching the back passage)

- You may feel some tenderness and have some bruising after this procedure **which is normal.**

**If you have any excessive bleeding or excessive stomach pains after these procedures go to your nearest accident and emergency department**