

If you experience any problems such as increasing pain, worsening vision, signs of infection or bleeding following your operation, please contact the Eye Clinic on:

**01744 646136**

Monday - Friday 9:00am - 5pm.

Outside these hours and during bank holidays ring **0151 426 1600** and ask for the on call Ophthalmologist.

If you have any questions regarding your follow up appointment please contact:

**01744 646130 / 01744 646131**

**Sanderson Suite Ward Contact Number:**

**01744 646089**

St Helens Hospital  
Marshalls Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633

[www.MerseyWestLancs.nhs.uk](http://www.MerseyWestLancs.nhs.uk)

## Eye Lesion Surgery (Chalazions/Papillomas)

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Author: Sanderson Suite  
Department: Surgical Care  
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## Discharge Information

Your surgery today was to remove the lesion on your eye.

A chalazion (eyelid cyst, also known as a meibomian cyst) is a cyst in the eyelid.

A papilloma is a benign tumour or growth that arises from epithelial tissue.

This may be sent to the laboratory for analysis.

- If you have an eye pad, leave it on until ..... this will help reduce bruising and swelling.
- Your eye may look bruised and sore. You may take simple analgesia such as paracetamol. Please follow the instructions on the label.
- If your eye is sticky or needs cleaning, bathe gently with cool boiled water from inner to outer corner, using sterile gauze.
- If you have been given eye ointment, please apply as instructed with a clean finger-tip or directly on the wound and gently apply to the area where the stitches are (if applicable). Please remember to wash your hands first before touching or treating the eyes.

## Discharge Information

- Avoid strenuous exercise or heavy lifting following your surgery. Depending on your job, you may need some time off work.
- Avoid rubbing or touching the eyes with a used tissue.
- Avoid putting your head in a drooped position as that may increase the risk of swelling and bleeding.
- If any bleeding occurs, apply direct pressure. If it does not stop, seek medical advice.

You will be sent a follow up if required.