Other useful organisations

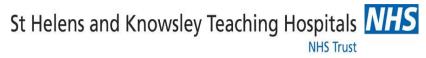
http://www.patient.co.uk/

http://www.nhsdirect.nhs.uk/index.asp

http://www.patientsupport.org.uk/

This leaflet can be made available in alternative languages/formats on request

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Epididymal Cyst

Patient Information Leaflet

St Helens Hospital Marshalls Cross Road St Helens WA9 3DA

Please take the time to read this information about the procedure you are having today

If you have any questions please speak to a member of the nursing staff who will be happy to advise you

An **Epididymal Cyst** is a swelling on the epididymis (the tube which collects the sperm), and can be surgically removed. This involves a small cut in the scrotum which is closed with dissolving stitches, and can take **2-3** weeks to dissolve.

A **Hydrocele** is a collection of fluid around the testicles which can be removed, also involving a small cut to the scrotum, and dissolving stitches.

Your nurse today is:	

You Will need an out-patients appointment	
You will Not need an out-patients appointment	

Post-operative instructions

- You will need to wear a scrotal support (jock-strap) for approximately 1 week to lift the testicles up to support them. This will be provided by the ward staff.
- Supportive underwear like swimming type trunks can help reduce swelling and bruising.
- Keep the area dry for 24 hours. After this time daily warm baths will help keep the wound clean, and help the stitches dissolve.
- At any sign of infection ie: redness around the area, oozing, or a high temperature, please see your GP as you may be developing an infection.

If you experience any excessive bleeding or swelling go to your nearest Accident & Emergency Department