

You will be sent a follow up if required in the post.

If you experience any problems such as increasing pain, worsening vision, signs of infection or bleeding following your operation, please **contact the Eye Clinic** on:

**01744 646136**  
Monday - Friday 9:00am - 5pm

Outside these hours and bank holidays  
ring **0151 426 1600** and ask for the on call Ophthalmologist.

### Sanderson Suite Ward Contact Number:

**01744 646089/646098**  
(Mon –Sat 8am-8pm)

Your Nurse today was.....

Your Consultant is.....

St Helens Hospital  
Marshalls Cross Road,  
St Helens, Merseyside, WA9 3DA  
Telephone: 01744 26633

[www.MerseyWestLancs.nhs.uk](http://www.MerseyWestLancs.nhs.uk)

## Entropian/Ectropian Eye Surgery

### Patient Information Leaflet

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

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**Ectropion** is a condition that affects the lower eyelid, causing it to turn outwards. If the lower eyelid is not resting comfortably on the eye, the tears cannot flow into the tear duct, resulting in your eye watering and being sore. The most common cause of ectropion is when the muscles of the eyelid become less elastic due to ageing. However, ectropion may also occur if you have facial palsy (paralysis) or scarring of the eyelids.

**Entropion** is a condition where the eyelid rolls inwards, and the eyelashes rub against the front surface of the eye. This causes the eye to become red, sore and watery. It also increases the risk of infection in the clear front window of the eye (cornea). If left untreated this can cause scarring and long-term visual loss. In the UK the most common cause is when the muscles of the lower eyelid become laxer with age. It can also occur because of scarring from infection or other injuries.

### Possible side effects

- **Bruising** –most people experience some bruising or moderate discomfort after surgery. These symptoms can be relieved with paracetamol or your usual pain relieving medicine.
- **Stitches** can loosen or the wound can split open This may happen if your wound gets too wet, or if or if you rub or pull your eyelid.
- Any **scarring** is kept to a minimum and the appearance of any scar can be improved with massage.
- **Recurrence** of the ectropion or entropion, requiring repeat surgery.
- **Infection** - seek medical advice immediately if you develop any of the following symptoms:
  - ⇒ the skin around your wound becomes red or sore, or it feels hot and swollen.
  - ⇒ your wound has a fluid discharge (pus) that looks sticky or crusty and is green or yellow in colour.
  - ⇒ you feel generally unwell or feverish, or you have a temperature.

- A pad may have been put on your eye after the operation. This can usually be removed the following day.
- You may be prescribed drops /ointment to use post operatively, this is to the eye to keep it comfortable and reduce the chance of an infection and inflammation.
- If you experience any bleeding, apply direct pressure with clean gauze, do not press too hard. If the bleeding does not stop or becomes excessive please seek medical advice.
- If you have been given eye ointment, please apply as instructed with a clean finger-tip, directly on the wound to the area where the stitches are (if applicable).
- It is possible to resume light work such as office work one week after surgery, but it is advisable to wait longer if your work is more active or vigorous.
- You may need to be seen 2 weeks after the surgery. Any sutures (small stitches-if applicable) may be removed at this visit. You may have dissolvable sutures which will dissolve naturally in a few weeks.

**Please remember to wash your hands first before touching or treating the eyes.**