

Foot Clinic

Patient Information

If you need this leaflet in a different language or accessible format please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید، لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie, proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil, vă rog să discutați cu un membru al personalului să se ocupe de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Whiston Hospital
Warrington Road,
Prescot,
Merseyside,
L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshalls Cross Road,
St Helens,
Merseyside,
WA9 3DA
Telephone: 01744 26633

www.MerseyWestLancs.nhs.uk

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Department: Diabetes
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Foot clinic information

You have been referred to the multidisciplinary foot clinic because you have an active foot problem, likely connected to Diabetes.

Please ensure you give yourself plenty of time to arrive for your appointment. On arrival, check in at the diabetes reception.

If you are unable to attend, please contact the department on: 01744 646200 and press Option 1.

- The multidisciplinary clinic is managed by a team of Consultants, Specialty Doctors, Diabetes Specialist Nurses and Podiatrists.
- On your first visit, your patient journey will include: Completion of clinic assessments, i.e. height, weight, HbA1c (average finger-prick blood sugar test).
- The Diabetes Specialist Nurse will document your medical history and a list of your medication. Please bring your blood glucose meter and your medications list to the appointment, if possible.
- You will be asked to sign a consent form to permit staff to take photographs of your foot. This is to monitor the progress of your foot problem.
- The Podiatrist will remove your foot dressings, complete various foot assessments and discuss the findings.
- A holistic review of your foot problem and overall Diabetes care will be provided by a specialist doctor in Diabetes and together a management plan will be formulated.

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- The foot will then be re-dressed by the Podiatrist or Diabetes Specialist Nurse.
- Further appointments may be planned. You will be discharged to the community team once your foot problem has resolved.
- A clinical outcome letter will be sent to you, your GP, and any community teams involved in your care.

Should you have any problems between visits, please contact one of the following numbers:

Diabetes Reception 01744 646200 (option 1)

Diabetes Nurse Answer Machine 01744 646200 (option 2)

Podiatry Team Consultant Physician & Endocrinologist Secretary 01744 646502.

Community Podiatry Teams

- Widnes - 01928 593623
- St Helens and Knowsley - 0151 351 8535
- Liverpool - 0151 295 9457.