

Your Hospital Team Cancer Services

If you need this leaflet in a different language or accessible format
please speak to a member of staff who can arrange it for you.

اگر به این بروشور به زبان دیگر یا در قالب دسترس پذیر نیاز دارید،
لطفاً با یکی از کارکنان صحبت کنید تا آن را برای شما تهیه کند.

Jeśli niniejsza ulotka ma być dostępna w innym języku lub formacie,
proszę skontaktować się z członkiem personelu, który ją dla Państwa przygotowuje.

Dacă aveți nevoie de această broșură într-o altă limbă sau într-un format accesibil,
vă rog să discutați cu un membru al personalului să se ocupe
de acest lucru pentru dumneavoastră

如果您需要本传单的其他语言版本或无障碍格式，请联系工作人员为您安排。

إذا احتجت إلى هذه النشرة بلغة أخرى، أو بتنسيق
يسهل الوصول إليه، يرجى التحدث إلى أحد الموظفين لترتيب ذلك لك.

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Our aim is to provide high quality personalised care, ensuring that patients are supported to make decisions that are right for them, achieved through working together with clinical teams and patients and their families to support patients to reach a decision about their treatment.

Notes

Patient Comments 2018

“I have found every step of the cancer journey I have encountered to be excellent at St Helens and Knowsley hospitals. A superb, professional, caring, compassionate team of healthcare professionals at every stage of my treatment. I was informed of my treatment plan every step of the way. I have found that it was a collaborative relationship between the health professionals; there was a shared purpose, working to meet my needs. There is much potential in involving patients as partners in care and this was the experience I had over the past 12 months.”

Cancer Support Worker

Name:
Telephone Number:

✂ -----

Skin Clinical Nurse Specialists

Name: Rachel Cassidy, Aireen Alayon, Karen Pocock
Telephone Number: 01744 64 6791
Email Address:

✂ -----

Consultant

Name:
Speciality:
Secretary Telephone Number:

✂ -----

Community Nurse (if applicable)

Name:
Telephone Number:

✂ -----

The Multidisciplinary Team (MDT) Working With You

The Cancer Multidisciplinary Team (MDT) is a team of specialist doctors, nurses and other health professionals who diagnose, treat and manage cancers within their own specialty.

The MDT is responsible for:

- Ensuring that patients concerns and needs are considered when planning their care
- Making recommendations about your treatment options and if further tests are necessary
- Making referrals to other specialist services
- Ensuring you have access to clinical trials if appropriate

Meetings are held each week, patients do not attend however your plan of care will be discussed with you during your appointment.

If you would like a record of this or any other appointments please ask the doctor or nurse at the time.

Who are your team?

Consultants:

Highly trained doctors who specialise in your cancer diagnosis, including investigations and treatments including:

- **Consultant Radiologist:** A doctor who views pictures/images from machines such as x-ray, computerised tomography (CT) to look at where the cancer is and if it has spread.
- **Consultant histopathologist:** A doctor who looks at samples (biopsies) taken during investigation or treatment to tell us the type of cancer.
- **Consultant oncologist:** A doctor who leads on non-surgical forms of cancer treatment including radiotherapy, chemotherapy and immunotherapy.
- **Consultant in medicine or surgery:** A doctor who specialises in the diagnosis of cancer and its treatments. They are usually the lead for the MDT.

Spirituality Team

Tel: 0151 430 1657

Patient Advice & Liaison Service (PALS)

This service can help sort out any problems quickly
Tel: 0151 430 1376

Car Parking/Travel Fares:

Assistance with travel fares and parking may be available for relatives visiting patients.

Contact General Office, Whiston Hospital Tel:
0151 430 1646

or

General Office at St Helens Hospital Tel: 01744 64 6467.

HOPE Course (Helping to Overcome Problems Effectively):

This is a self management course for cancer patients.

The course can help to boost confidence, reduce anxieties/fears, and you will learn proactive ways to take control of your own health and wellbeing.

Tel: 01744 64 6985

Services will be available locally - please ask your Cancer Support Worker or Clinical Nurse Specialist.

Information you may find helpful

Macmillan Cancer Support and Information Centre, St Helens

Located at Lower Ground Floor, St Helens Hospital
Tel: 01744 64 7000,
Mon - Friday 9.30 - 4.00pm, except bank holidays.
Email: macmillansupport@sthk.nhs.uk

Macmillan Cancer Support including Benefits / Welfare rights

Tel: 0808 808 0000
Website: www.macmillan.org.uk

St Helens Carers Trust

Tel: 01744 646640

Knowsley Carer Trust

Tel: 0151 549 1412

Halton Carers Trust

Tel: 01928 580182

Clinical Nurse Specialist/Key Worker:

Specialist trained registered nurse who looks after you once you have a diagnosis, including holistic needs assessment, care planning and follow up care.

Cancer Support Worker:

Non-registered trained staff who support you and your family with information and can signpost to services to help you, they also offer holistic needs assessment and care planning.

MDT Co-ordinator:

Gathers the information needed for the MDT to discuss your care.

Other Health Professionals:

Including physiotherapist, prosthetics, counsellor, palliative care or a psychologist who may be involved in your care.

You should expect personalised care including:

- Clinical nurse specialist (CNS) **present at your diagnosis** to offer support and information. If this is not possible you will be given the name and contact details for a Nurse specialist who will contact you.
- To be **told your diagnosis in away that you understand** and sensitively.
- Rapid **communication with your GP** about your diagnosis and treatment.
- Easy **access to your team** through the CNS Monday - Friday, 9 am - 5 pm, excluding bank holidays.
- **Holistic Needs Assessment (HNA)** This is time spent with the Clinical Nurse specialist or Cancer Support Worker discussing your concerns, including physical, emotional, practical, financial and spiritual. You will also have opportunity to discuss your diagnosis and treatment plan. Together you will agree on a care plan created for you to take away.
- Easy to understand **written and verbal information** about your cancer, treatments and if your treatment is working.

- Easy to understand information about **support groups**.
- Information on claiming **free prescriptions and benefits advice**.
- Be able to **speak with staff about your worries and fears**.
- Access to information about **cancer research**.
- Given a **care plan** supporting you during and after treatment.
- Access to **education and support** at a living with and beyond cancer event - please ask a member of staff.

You should, at all times, expect to be treated with dignity and respect and feel that you are involved in your care and treatment decision making.